



Provincial seminar of swimming coaches

23-25 Sep 2011

Centre de Villégiature Jouvence

Guest speakers :

Randy Bennett : Head coach, 2011 Canadian national team world champ
Allan Wrigley : Biomechanical engineer, National training center, Vancouver
Tom Rushton : Junior team coach, UBC Dolphins
Mathieu Charbonneau : Biomechanical engineer, National training center, Montréal
Alain Delorme : Strength and conditioning coach, National training center, Montréal

INFORMATIONS

Schedule

Friday 2-7 pm Saturday 8.30am -7pm Sunday 8.30am -12pm

Cost :

400\$ per coach Included :

2 nights in double occupancy, 2 dinners, 2 lunches, 2 breakfasts
Conferences and documentation, Saturday social night!

Or

100\$ per bloc of conferences

Friday 2-7 pm / Saturday 8.30am-12pm / Saturday 2pm-7pm / Sunday 8.30am-12pm

Visit the hosting site :

www.jouvence.com



Registration at :

communication@aenq.ca

Registration form available at :

www.aenq.ca